The Military Guide Resources

Hi there,

I'm Mike at <u>themilitaryguide.org</u>. My crew and I are a group of veterans and family members trying to help those who've served. I wanted to take a quick moment to thank you.

Oddly enough, the hardest part of military life was my transition away from it. And I'm not alone. Depression, addiction, joblessness and the worst problems that affect the community can all be combatted through adequate help and resources as a servicemember begins to transition to civilian life.

Please consider doing what you can by sharing these resources.

US Department of Veteran Affairs Crisis Hotline https://www.veteranscrisisline.net/

Planning for Life after Discharge

https://www.yourstoragefinder.com/how-to-plan-for-life-after-discharge

Transition to Civilian Life

https://www.thezebra.com/insurance-news/6128/military-transition-civilian-life/

Mesothelioma Resources

https://www.justgreatlawyers.com/mesothelioma-asbestos-lawsuits

Surviving Spouses Resources

http://www.militaryfamily.org/info-resources/survivors/

Best Jobs for Returning Servicemembers

https://www.bigrentz.com/blog/best-jobs-returning-service-members

Thanks,

Mike